

USING LISTS FOR MANIFESTATION

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1. **Start with an affirmation** that connects you to the Higher Power of Your Understanding (God, Universe, Higher Self, Jesus, etc.)

A few examples:

"God rules the world."

"God is the source and supply of all of my good."

"The Universe is all knowing, all powerful and present within me."

2. **Title: "My _____"**
(Claim what you desire with this title.)

Examples:

My New House

My New Car

My New Job/Career

3. **List qualities** in order of importance from most important to least important.
 - a. "My New House is easily affordable."
 - b. "My New House has 3 bedrooms."
 - c. "My New House is within 5 miles of my job."



4. Always include: **"This or something better."**
5. **Express gratitude** for the completion of this manifestation (yes, in advance):
"Thank You Universe for my ideal new home."
6. **Use a closer:**

Examples:

"And so it is."

"It is done."

"Amen"